

## **Motivation Letter:**

Growing up in Sweden, attending high school in Spain, medical school in Poland and training in Emergency Medicine in Malta has made adaptability a fundamental part of who I am. I am constantly learning and interacting with people from all over the world and am applying for Co-Chair for the Young EMD Section Officers because I want to do more than just train.

I aspire to be part of a team dedicated to disseminating relevant updates and new literature findings. I want to advocate for trainees and help guide them towards learning opportunities they're interested to engage in, such as promoting the EUSEM monthly webinars and relevant ERC courses.

This pandemic has taught us all to be more proficient virtually. I had the opportunity to present at the ERC 2021 Guidelines Conference and won the Young ERC prize of 'Audience's Favourite'. This boosted my networking opportunities and I am amazed at how much we can share, motivate and support each other through online platforms. This is a skill I would love to project through the YEMD platform.

From my medical school days I have been Chair and Co-Chair of several local scientific circles with roles including coordinating Emergency Medicine Workshops at an international Conference. Through my role of Vice- President of the Warsaw Medical University Student Government I gained experience managing social media pages and enjoy creating info-graphics to market events to fellow colleagues. As an Advanced Life Support Instructor with the European Resuscitation Council I enjoy expanding on my interests in Medical Education.

Apart from training in Emergency Medicine I am a Medical Aid with Malta Red Cross and work part-time at a SARI Unit set up for COVID-19 positive migrants. This year I have the privilege of sharing this topic as speaker in the YEMD Section of the upcoming EUSEM Congress.

In summary, organisation, communication, and motivation are no new concepts for me. I will make it a priority to work alongside the Chair and the rest of the team to address the needs to EM residents, to contribute to social media and the newsletter, to update the website and connect with different national young EM groups so that together we can continue to grow our fantastic community.